THE CO-OP • MEN'S BIBLE STUDY

When Did You Finally Say, "I Need Help"?

Episode 21 | Released Sept 9 | Discussion: Tuesday, September 15

READING 1

Read Proverbs 11:14

Commentary

Where there is no guidance, a people falls, but in an abundance of counselors there is safety. Isolation is not strength; it is exposure. God designed men to need other men.

1. According to this verse, what happens when there is no guidance?

2. Why is it often harder for men than for women to admit they need help?

3. What is the difference between weakness and the wisdom of seeking counsel?

READING 2

Read Proverbs 15:22

Commentary

Without counsel plans fail, but with many advisers they succeed. Plans made in isolation are fragile. Pride prefers self-sufficiency; humility opens the door to wisdom it does not possess on its own.

4. What does this verse say happens to plans made without counsel?

5. Who are the men in your life you could actually go to for honest advice?

6. What usually stops you from asking?

READING 3

Read James 5:16

Commentary

Confess your sins to one another and pray for one another, that you may be healed. Honest confession and mutual prayer are means of grace. Real help often begins when a man stops pretending he is fine.

7. What two things does James tell believers to do with one another?

8. When was a time you finally admitted you needed help? What happened afterward?

9. What is one area of your life right now where you need to stop going it alone?